

CRISIS RESOURCES

Crisis		
Crisis Text Line	Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via the medium people already use and trust: text. http://www.crisistextline.org/	Text START to 741-741
Delaware Crisis Intervention Services	Staffed 24 hours a day, 7 days a week Provides phone support, mobile outreach and walk-in crisis services. http://dhss.delaware.gov/dhss/dsamh/crisis_intervention.html	In Northern Delaware, call: 1-800-652-2929 In Southern Delaware, call: 1-800-345-6785
ContactLifeline	Delaware Resource Sexual Assault Crisis Services and 24/7 Crisis Helpline http://www.contactlifeline.org/	1-800-262-9800 Live chat (5:30 pm – 11:30 pm)
Veterans Crisis Line	24/7 help via phone, text, chat https://www.veteranscrisisline.net/	1-800-273-8255 PRESS 1 Text 838255 Chat online
Abriendo Puertas at People's Place II, Inc.	Delaware Spanish Hotline	302-745-9874 302-855-9515

Suicide Prevention		
National Suicide Prevention Lifeline	24/7 Hotline http://www.suicidepreventionlifeline.org/	1-800-273-TALK (273-8255) (toll-free) 1-800-799-4TTY (799-4889) TTY (toll-free)
Trevor Project	24/7 Suicide Prevention Helpline for Lesbian, Gay, Bisexual, Transgender and Questioning Youth http://www.thetrevorproject.org/	1-866-4U-TREVO (488-7386) (toll-free)
IMALIVE	Online Chat	https://www.imalive.org/

Dating Abuse & Domestic Violence		
Delaware Coalition Against Violence	Local 24-hour hotline http://dcadv.org/	Northern Delaware: 302-762-6110 (bilingual) Southern Delaware: 302-422-8058 or 302-745-9874 (bilingual)
Delaware Domestic Violence Hotlines	Including emergency safety/shelter needs	New Castle County: 302-762-6110 Northern Kent County: 302-678-3886 Kent & Sussex Counties: 302-422-8058
ContactLifeline	Delaware Resource Sexual Assault Crisis Services and 24/7 Crisis Helpline http://www.contactlifeline.org/	1-800-262-9800 Live chat (5:30 pm – 11:30 pm)

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Love is Respect	http://www.loveisrespect.org/	1-866-331-9474 (24/7) Text loveis to 22522 Chat Online (7 days/week, 5:00 PM to 3:00 AM EST)
National Domestic Violence Hotline	http://www.thehotline.org/	1-800-799-7233 (24/7) Live Chat 7:00 AM – 2:00 AM CT http://www.thehotline.org/what-is-live-chat/
RAINN	Rape, Abuse and Incest National Network https://www.rainn.org/	1-800-656-4673 (24/7) Live Chat with RAINN (24/7)
University of Delaware Sexual Offense Support (S.O.S.)	24/7 victim advocacy and crisis support	302-831-2226 (give a first name & phone number and an SOS victim advocate will call you back within 10 minutes)

Child Abuse & Crisis		
Delaware 24-hour Child Priority Response Hotline	For help with a child's/adolescent's mental health or substance use emergency Department of Services For Children, Youth & Their Families http://kids.delaware.gov/	1-800-969-HELP (4357)
Report Child Abuse and Neglect	Department of Services For Children, Youth & Their Families http://kids.delaware.gov/	1-800-292-9582
Safe Arms for Babies	Safe, legal, anonymous help for pregnant mothers and parents thinking about abandoning their baby http://www.dhss.delaware.gov/dhss/dph/chca/dphahsab01.html	1-800-262-9800 (24/7)
Childhelp National Child Abuse Hotline	https://www.childhelp.org/	1-800-422-4453 (24/7)
National Safe Place	TXT 4 HELP is a nationwide, 24-hour text-for-support service for teens in crisis. http://nationalsafeplace.org/	Text SAFE and your current location (city/state/zip) to the number 69866 (24/7)
National Runaway Safeline	http://www.1800runaway.org/	Call 1-800-786-2929 (1-800-RUNAWAY) (24/7) Live Chat 7 days/week, 4:30 to 11:30 PM CST TEXT 66008 Email http://www.1800runaway.org/crisis-online-services/

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Other Contacts		
Delaware Adult Protective Services	Report abuse, neglect, or exploitation of physically and/or mentally impaired adults, age 18 and over http://dhss.delaware.gov/dhss/dsaapd/aps.html	1-800-223-9074 E-mail: DelawareADRC@state.de.us
Delaware State Police Victims' Center	24 hour emergency crisis intervention Referrals, court accompaniment, assistance with filing for emergency financial assistance, landlord/employer intervention http://www.dsp.delaware.gov/victim_services.shtml	1-800-842-8461 (24/7)
DSAMH Consumer Issue Resolution Hotline	For clients experiencing issues with Delaware's mental health and substance use treatment system. http://www.dhss.delaware.gov/dhss/dsamh/	1-855-649-7944 (will respond within 48 hours)
Delaware 211	Resource guide	Dial 211 1-800-560-3372

For more local resources:
GUIDE TO SERVICES For Older Delawareans and Persons with Disabilities http://dhss.delaware.gov/dhss/dsaapd/files/aging_and_disabilities_guide.pdf
Directory of Human Services for Delaware http://dhss.delaware.gov/dhss/dssc/files/2015_hsdirectory.pdf